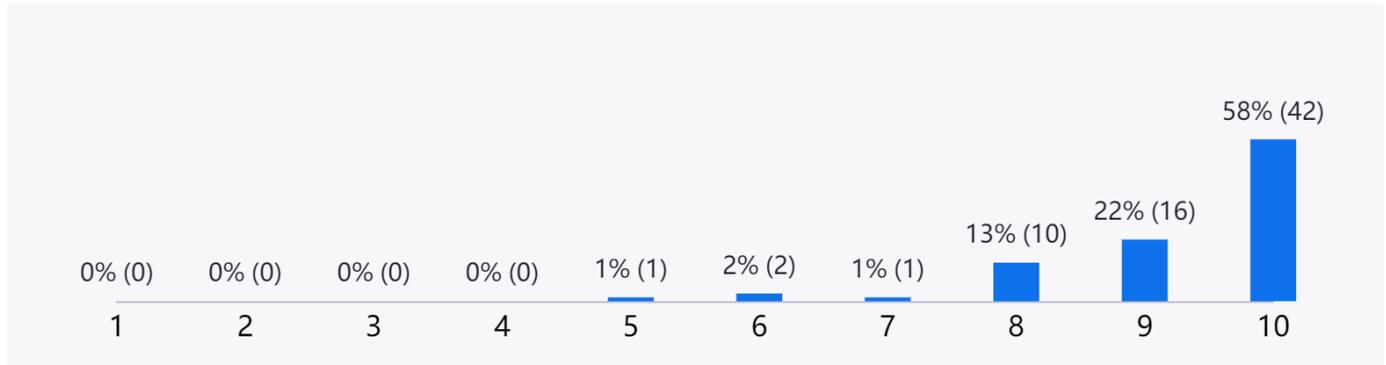


Live Longer Better in Hertfordshire Launch Event

Exit Survey Results

1. How would you rate the quality of today's event?



2. Having been at this event, would you like to remain part of the Live Longer Better in Hertfordshire movement?

Yes please



No thank you



3. If interested, what types of topics would you like to see included in the Live Longer Better in Hertfordshire Masterclass sessions?

- coping with person having depression
- to work more collaboratively, not to duplicate, and how to capture all from the ages of 50 to grasp these initiatives
- Partnership working, sharing best practice, future funding opportunities
- Supporting people living with dementia to access physical activity Workplace exercise for 45/50+
- Collaborations between various stakeholders (I'm in the NHS working in Pulmonary rehab and also have a special interest in frailty so am really keen to try and create some kind of programme that supports both the se patient cohorts - and the Venn diagram of patients that sit in bot!)
- Prevention.....how to get middle age moving to delay issues Explore musculoskeletal cause statistics further Understand obesity link
- Something for younger people with chronic health conditions - often possible to find respite and support in things like avoiding falls, or pain management that are generally targeted at the older generation
- More of Muir
- Lists of organisations for the elderly such as u3a, Probus & any others
- Evaluation of projects to improve the lives of the elderly, especially those with dementia, and how to enable families to include them in their routine lives and celebrations as much as possible.
- Walking Sports programme but interested in all topics
- How we can support people to keep active as they transition through different types of care.
- Cultural engagement through physical activity with BAME and Eastern European Community members
- It will be good to see a pathway between acute services and the community with good sign posting.

4. Given everything you have just heard about Live Longer Better in Hertfordshire, are there any changes or additions to the movement that you would like to see?

- More partnership working
- hope you can find ways of including more grassroots & volunteers into the work and promotion of the movement
- Taking this into schools and other education establishments to promote a 'start young , keep young' message
- More joining up. Seeing how newly launched Healthy Hubs can play their part. Understand how leisure operators are assisting the movement.
- It would be helpful to be able to see the other attendees on the session or at least a list. It was very difficult to establish who was posting some of the information
- More. More. More.
- Help to support HILS - in the new initiative at Friendship House in Hatfield, for "ageing better" in Hatfield and suggest appropriate evaluation from Sept 2021 ,could be a great local project for Public Health in HCC and UH to support.
- Communication campaign to get public to start to understand the positive impact this can make, we see a lot of people in care homes which where more couldn't been done while they were in Homecare.
- Support the components, ethos and the expertise and energy around supporting healthy active ageing through prevention